



GBSL Division 2 Rules



- **No** jewelry of any kind is to be worn during practice or games. Any jewelry that cannot be removed should be covered with tape or a Band-Aid.
- **Play will be 7 or 8 players per side.** Coaches decide. Start games after weekly lessons plans are done at approx. 3 pm.
- **No** slide tackling.
- **No** direct kicks permitted; Indirect kicks must travel at least 5 yards before touching another team member.
- **No** penalty kicks permitted.
- Off-sides will **not** be called.
- No heading is permitted at this age.
- Throw-ins should be done correctly – if throw-in is incorrect the player will be given additional chances.
- Dangerous play – after second dangerous play, player will sit for 5 minutes, after the third player must sit out remainder of game.
- There will be no assigned positions during play, such as forward, midfield, or defense. Emphasis will be on spacing and ball movement.
- **After the game**, practice good sportsmanship. All players and coaches can get a free soda or water at the league trailer near the Goodman Dr. circle.
- Playing time should be approximately the same for all players.
- **No** arguing between coaches. Player criticism should be made individually and in a civil / constructive tone. Never yell at players.
- Water breaks should be frequent, especially in warm weather.
- Sessions begin at 2:00 PM and end at 4:00 PM.
- Protective facemask are optional. Practice social distancing whenever possible, don't share beverages, and use hand sanitizer when needed.