## **GBSL League Information**

**OVERVIEW:** The GBSL is a **recreational/instructional** league with a "Sunday Afternoon only" format. Each Sunday your child will practice and then play a game.

There are **no playoffs, no standings** and the league doesn't keep track of wins or losses. Each child plays the **same amount of time.** Our goal is to teach soccer in a fun and relaxed Atmosphere.

The league is broken down into (5) age groups: **Division 1** – 5 & 6 year-olds, **Division 2** – 7 year-olds, **Division 3** – 8 year-olds, **Division 4** – 9 & 10 year-olds, **Division 5** – 11, 12, & 13 year-olds

Children are placed in age Divisions based on their age on **Sept. 1**<sup>st</sup> of this year and is **coed** in All age Divisions.

- **LOCATION:** All practices and games take place on **Lehigh University's Goodman Campus** (same place where Stabler Arena is located)
- **<u>DATES/TIMES</u>**: The season starts on **Sunday**, **Aug. 28**<sup>th</sup> and runs (9) consecutive Sundays finishing on **Sunday**, **Oct. 23**<sup>rd</sup>.

Division 1 starts at 2:15 PM each Sunday and ends at 3:45 PM.

Divisions 2, 3, 4 & 5 start at 2:00 PM and end at 4:00 PM.

**EQUIPMENT:** Each child **must** have **shin-guards** to practice or play – no exceptions.

We recommend you get your child a **soccer ball**: <u>**Divisions 1 & 2**</u> – Size "3" ball, <u>**Divisions 3 & 4**</u> – Size "4" ball, <u>**Division 5**</u> – Size "5" ball.

Foot wear: For <u>Divisions 1 & 2</u> a good pair of sneakers is acceptable – you can get cleats if you would like. For <u>Divisions 3, 4, & 5</u> we strongly recommend that you get cleats for your child.

Uniforms: The GBSL supplies soccer jerseys to be used by the players during games.

**No jewelry on any kind** is permitted to be worn during practices or games. Anything that cannot be removed must be covered by tape or a Band-Aid.

**VOLUNTEERS:** The GBSL is an **all-volunteer** organization. On the clipboard with your registration sheet(s) is a **Volunteer signup form**. Please take a few moments to look it over.

If you are interested in **coaching**, we provide coaches training – look for clinic signup sheet.

There are also many other areas where we could use help. There are yellow folders that have descriptions of most of the jobs listed on the Volunteer form -just ask if you don't see them.